

“Safe” Peanut-Free Snacks—August 2017

Please be aware that this list is not comprehensive and should not replace label reading. It is *absolutely necessary* to read the entire label of every item prior to it even being served in the same room as Connor. If the item contains any *peanut* product (ie. peanut, peanut oil, etc.), **OR** if it has been *processed in the same facility that also processes peanuts*, it is **not safe**. Connor’s peanut allergy is **life-threatening**, so your utmost attention to detail regarding foods brought into the classroom is most appreciated.
(We check the labels of items we buy every week, as manufacturing details can, and do, change. We also then double check each other by checking the label again before serving the item.)

--Cory and Mary Ellen Swords, (316) 648-8306 or (316) 648-8308

Cookies & Candies

Dum Dum’s
Kroger Chocolate Chips
(Toll House *are not* safe!)
Oreo Cookies (original plain variety)
Rice Krispie Treats (plain variety)
Skittles
Smarties
Tootsie Rolls
Tootsie Roll Pops
Twizzlers
Welch’s Fruit Snacks (original)

Fruits & Vegetables

Fresh, washed fruit & vegetables
GoGo Squeez Applesauce
Sunmaid Raisins and generic Kroger brand

Beef Jerky & Meat Snack Sticks

Any brand—just check ingredient listing

Crackers and Chips

Cape Cod Potato Chips
Cheetos
Cheez-It Crackers
Doritos
Goldfish Crackers
Lays Potato Chips
Ritz Crackers (plain variety)
Wheat Thins
(Kroger brand is safe, too)

Other Snacks

Air popped popcorn...be sure to check the bag of unpopped popcorn for processing info
CiCi’s Pizza, Salad, and Desserts (no crackers!)
Papa John’s Pizza (no dessert!)

*****Please note that bakery items are never safe due to cross-contamination.*****